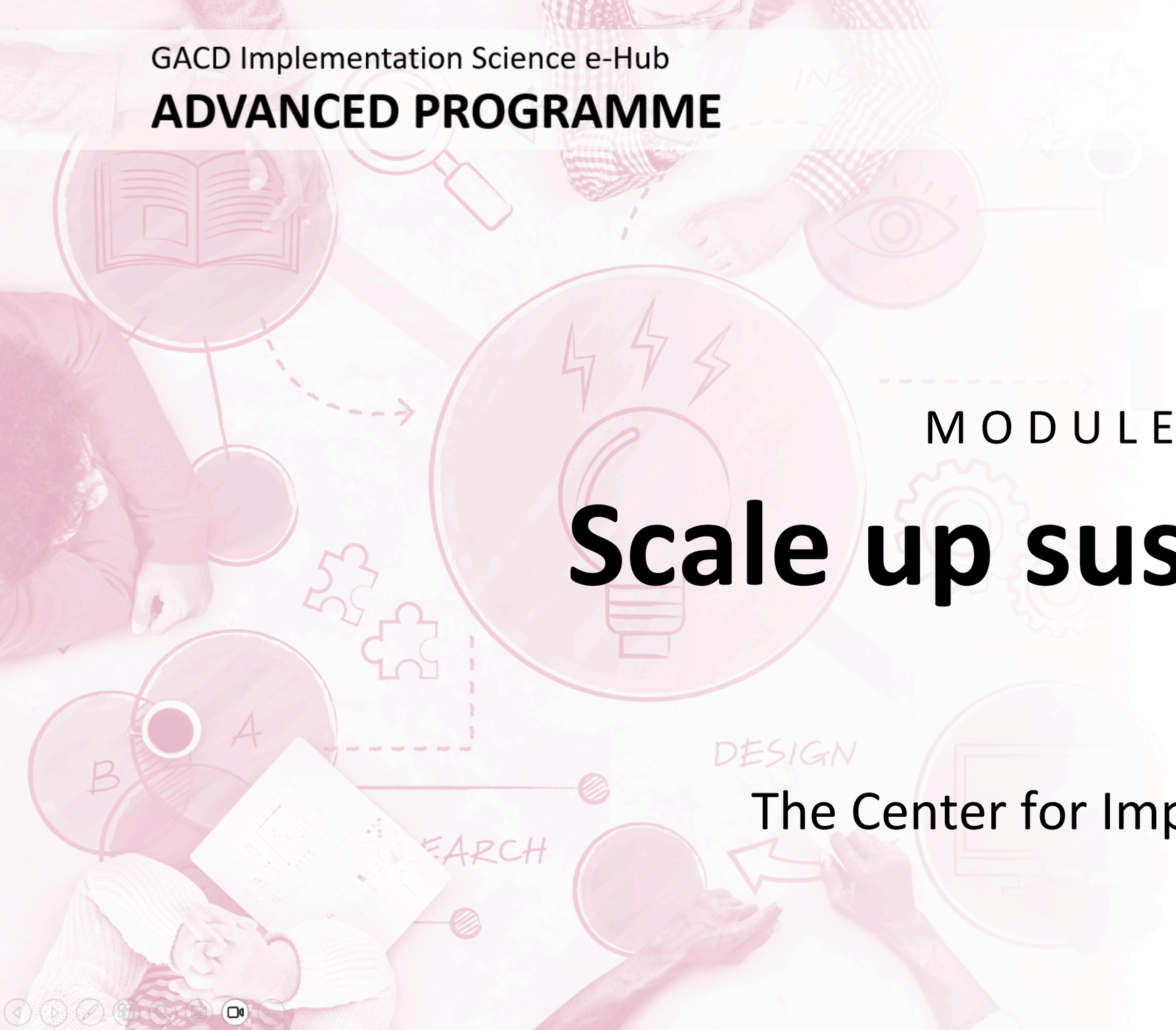
GACD Implementation Science e-Hub

ADVANCED PROGRAMME

GLOBAL ALLIANCE FOR CHRONIC DISEASES
AN ALLIANCE OF HEALTH RESEARCH FUNDERS



MODULE 5 | LECTURE 5D

Scale up sustainability

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The Center for Implementation | Canada

TCI

GACD
GLOBAL ALLIANCE FOR CHRONIC DISEASES
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ABOUT US & SERVICES

The Center for Implementation

We are a social enterprise that trains, supports, and empowers professionals in using evidence-informed approaches to maximize their impact.

Our vision is to see millions of changemakers worldwide actively applying best practices in implementation science to their initiatives.

Implementation support

Expert support and tailored guidance

Partnerships

On large-scale initiatives

Workshops

In person and/or virtual

Implementation science

Implementation practice

Creating a collective vision of sustainability

PART 1: CREATING A COLLECTIVE VISION OF SUSTAINABILITY

Tips for describing the vision of sustainability

- Start with the ideal and work backward.
  - "What would this vision look like if we had unlimited resources or total buy-in from everyone involved and impacted by the work?"

- Play the “what if …” game.
  - “What if this was a top priority for the governemnt…”

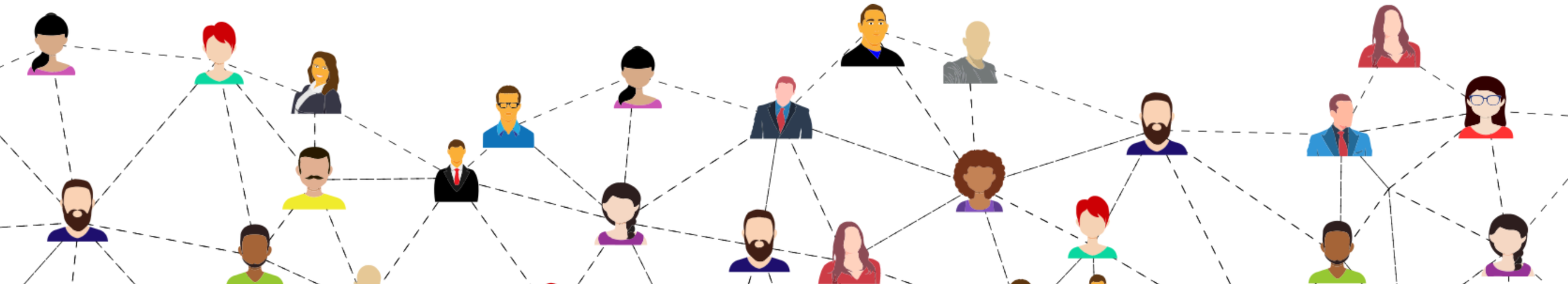
- Bring in different perspectives.
  - Think of everyone involved and impacted, would they have different ideas of sustainability success?

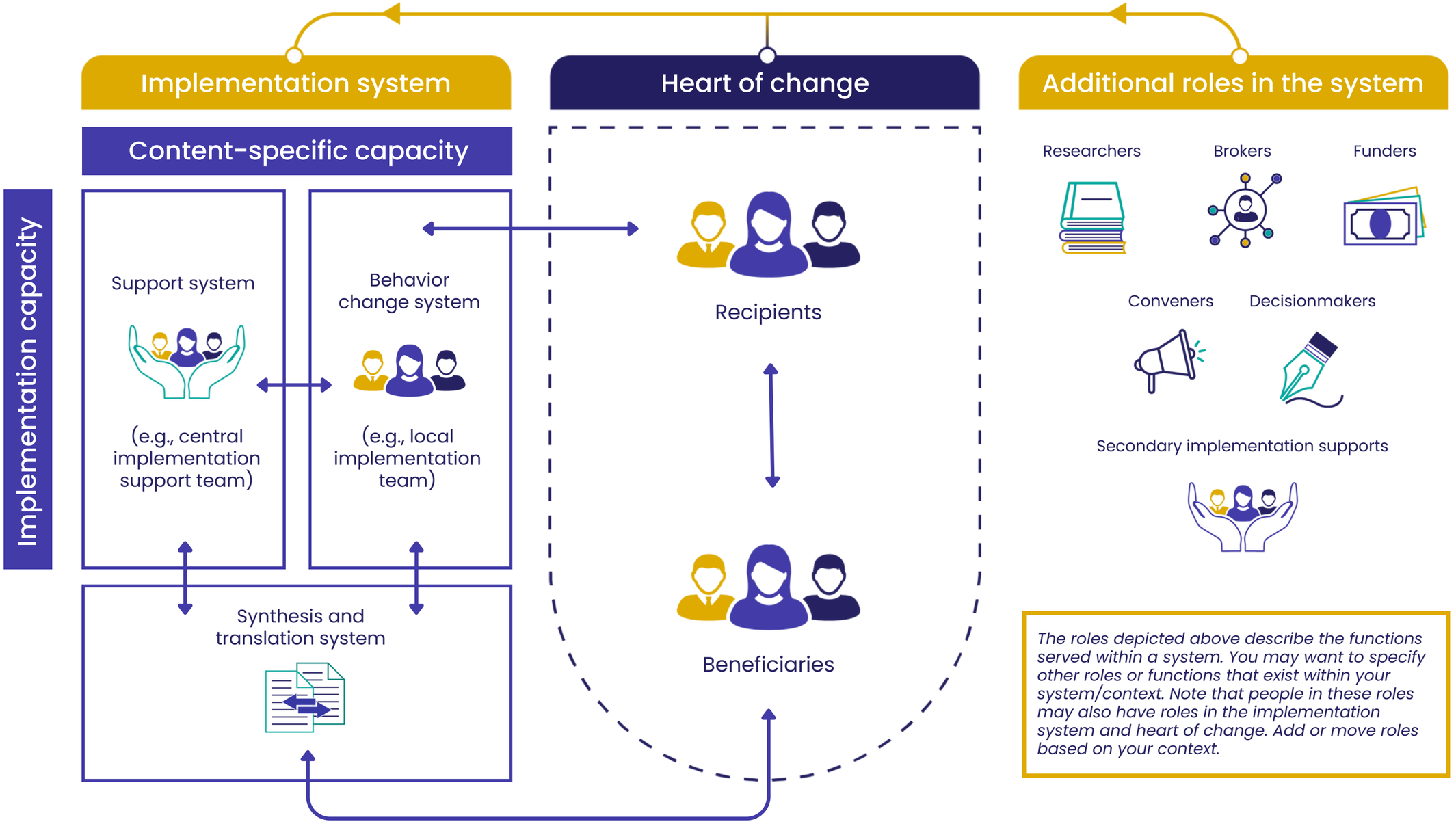
- Imagine describing the vision of sustainability to your aunt, your neighbour, or your best friend.

Who is supporting sustainability?

Implementation and sustainability is relational

- Implementation is a social process - it relies on relationships
- Relationships are essential in implementation but also critical to sustainability
- Relationships with various people and groups are vital to sharing costs, resources, responsibilities, and momentum





Wandersman, A., Duffy, J., Flaspohler, P., Noonan, R., Lubell, K., Stillman, L., Blachman, M., Dunville, R., & Saul, J. (2008). Bridging the gap between prevention research and practice: The interactive systems framework for dissemination and implementation. American Journal of Community Psychology, 41(3-4), 171-181. https://doi.org/10.1007/s10464-008-9174-z

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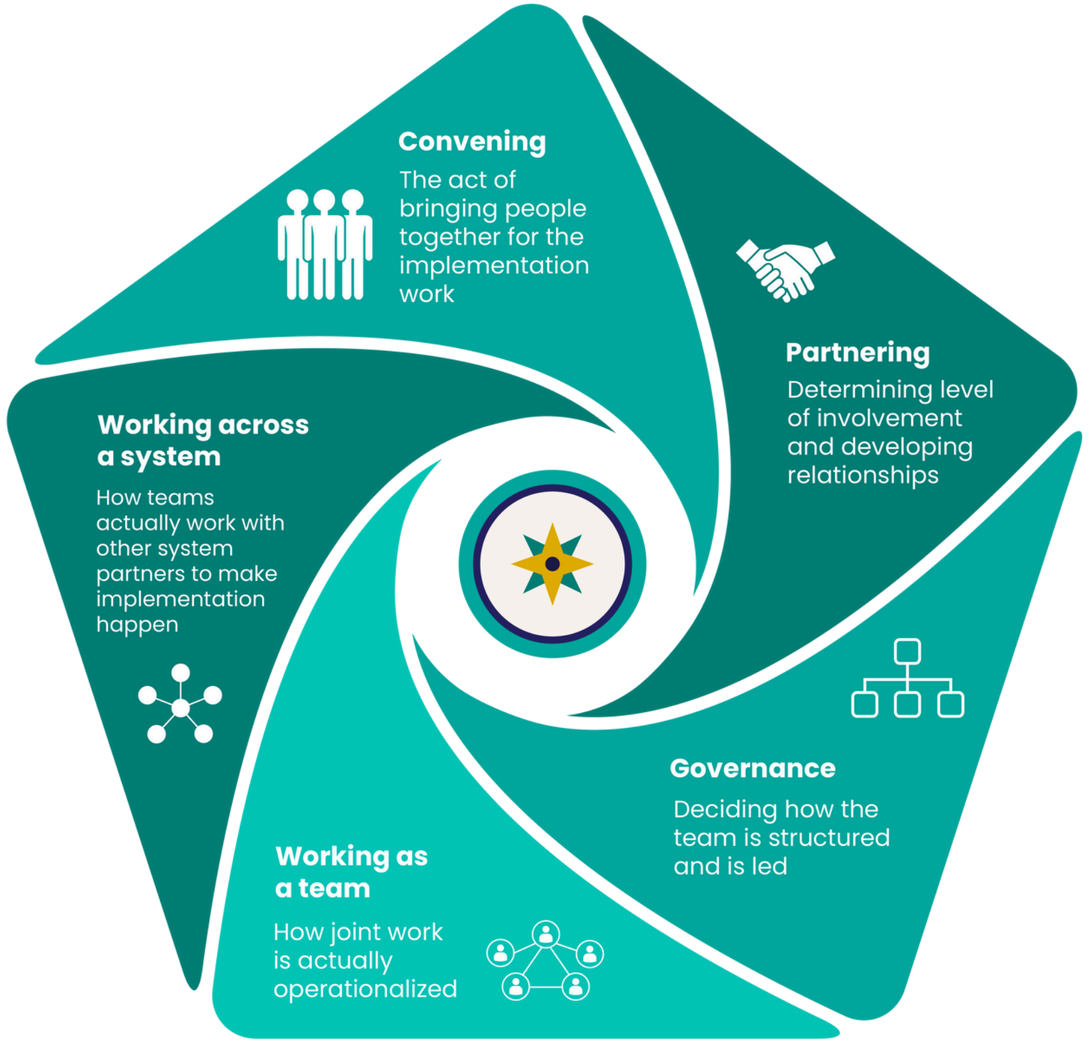
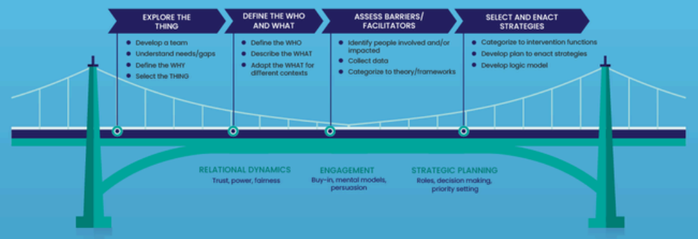
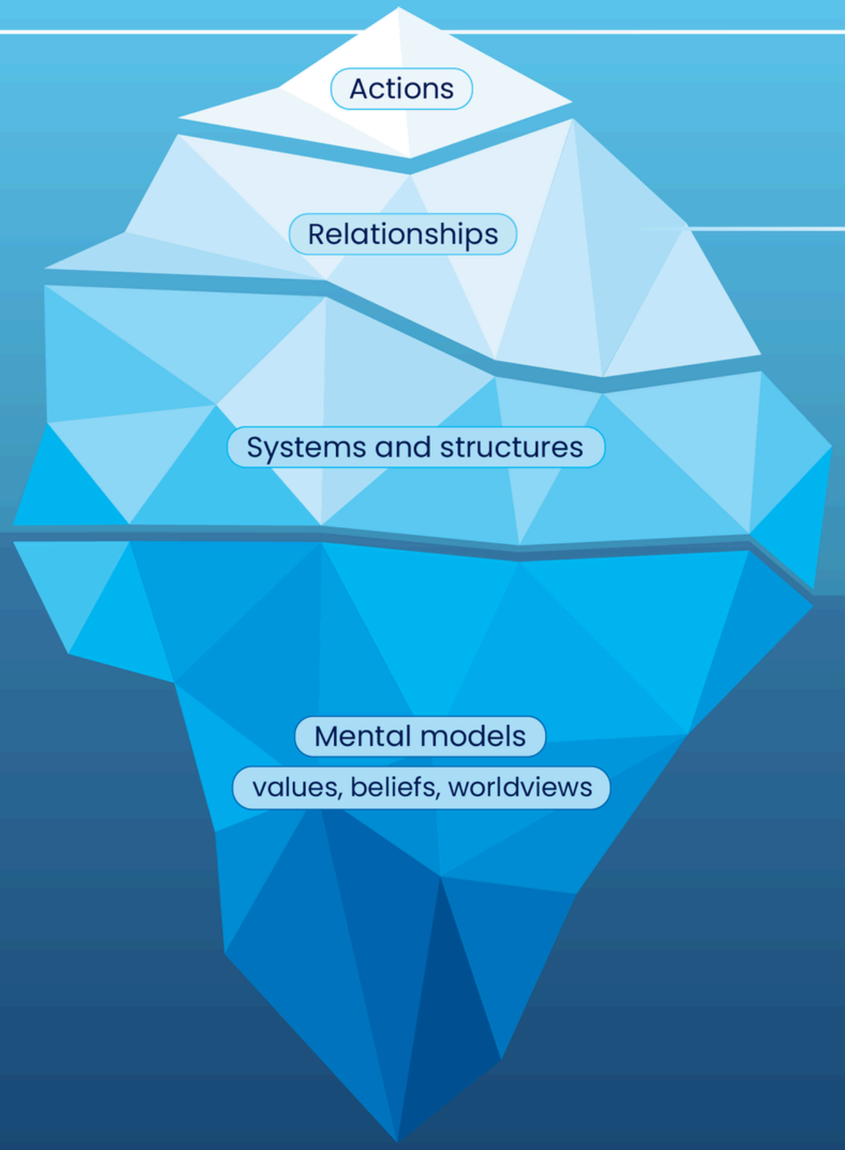
Figure adapted by The Center for Implementation

Relational Pathway

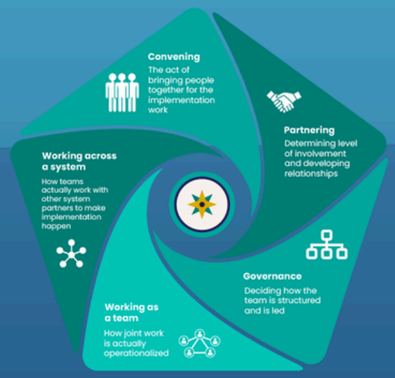


StrategEase Pathway





Implementation, Spread, and Scale Pathway



Relational Pathway

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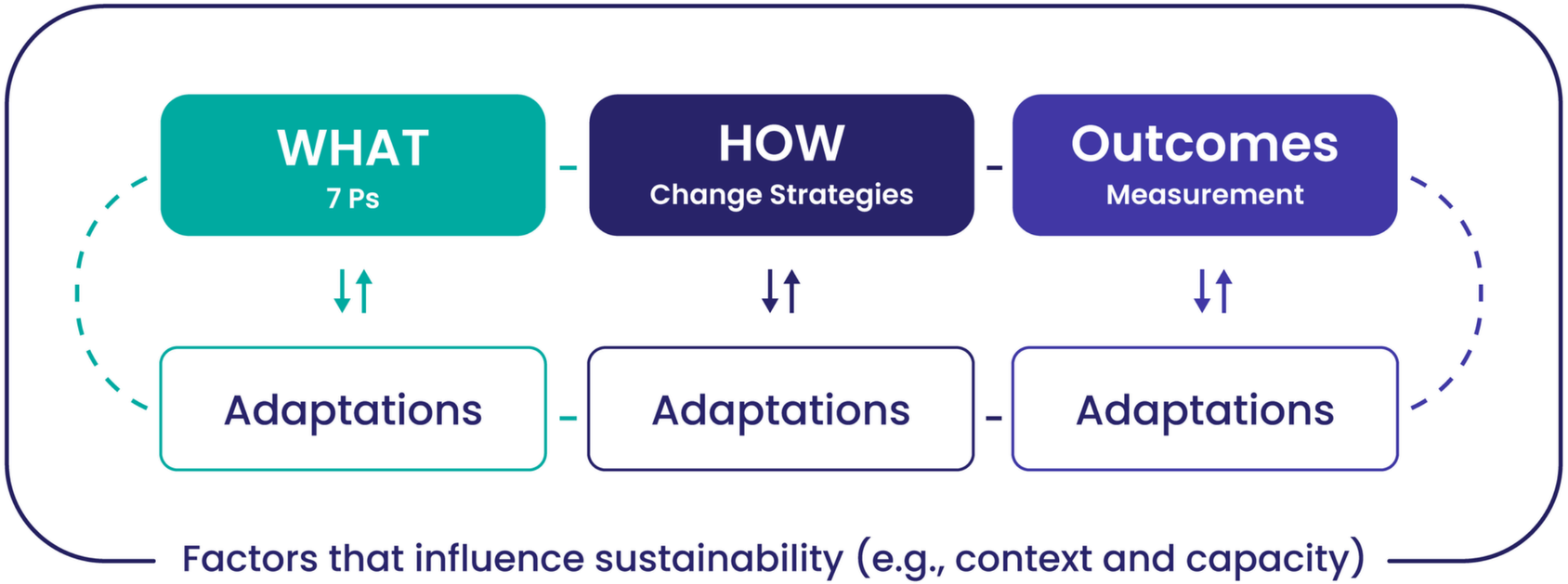
Figure developed by The Center for Implementation

Equity guiding questions

https://thecenterforimplementation.com/equity-guiding-questions

What are you sustaining?

Sustainability Components



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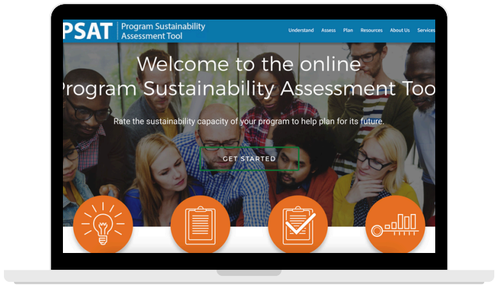
Why do we need to plan for it now?

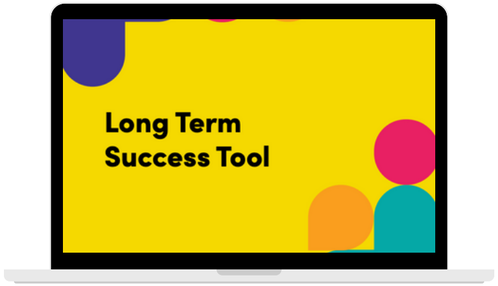


Program Sustainability Assessment Tool (PSAT)

Works best for community-based implementation efforts.

NHS Sustainability Model

Works best in a healthcare setting where you have a guideline or best practice.



Long Term Success Tool

Useful approach to assess teams' perceptions of sustainability to prompt planning and actions.

Program Sustainability Assessment Tool (PSAT)

Adapted from the PSAT tool by Washington University in St. Louis

Key messages

1	Begin sustainability planning by creating a collective vision of sustainability and scale.
2	Map and consider roles in the system and how those will change during different phases of sustainability and scalability.
3	One challenge with sustainability is that it includes so many components: adaptations of the THING that is being implemented; adaptations of the change strategies; adaptations of outcomes and the measurement of those outcomes; and the factors that affect sustainability.
4	Sustainability planning increases the likelihood of sustainability and sustainability planning tools can help with this.

Reference list

Interactive Systems Framework

- Image: https://thecenterforimplementation.com/toolbox/interactive-systems-framework
- Source: https://pubmed.ncbi.nlm.nih.gov/18302018/

Relational Pathway

- Image: https://thecenterforimplementation.com/toolbox/relational-pathway
- Source: https://thecenterforimplementation.com/toolbox/relational-pathway-the-role-of-relationships

Equity Guiding Questions

- Interactive tool: https://thecenterforimplementation.com/equity-guiding-questions
- Source: https://thecenterforimplementation.com/toolbox/embedding-equity

Reference list

Sustainability Components

- Image: https://thecenterforimplementation.com/toolbox/sustainability-components
- Source: https://implementationscience.biomedcentral.com/articles/10.1186/s13012-017-0637-1

Program Sustainability Assessment Tool (PSAT)

- Tool: https://www.sustaintool.org/psat/

NHS Sustainability Model

- Tool: https://www.england.nhs.uk/improvement-hub/wp-content/uploads/sites/44/2017/11/NHS-Sustainability-Model-2010.pdf

Long Term Success Tool

- Tool: https://bmjopen.bmj.com/content/7/9/e014417