

MODULE 4 | AT SCALE IN THE REAL WORLD

Practical Strategies for Improving scale up in South-East Asia

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Source: <https://pubmed.ncbi.nlm.nih.gov/37843178/>

Introduction

- The Better Health Programme (BHP) has been addressing key health system issues in the prevention and control of noncommunicable diseases (NCDs) in Malaysia, Thailand, Vietnam, and the Philippines.
- As the program comes to an end, the sustainability and scaling-up of issues have assumed importance.
- There was a need to revisit the sustainability and scale-up strategies.



BHP's areas of support (2020)

Objective

To identify practical strategies that can improve sustainability and scale-up of BHP interventions.



Source: [Actonneds 2021](#)

Methods

We applied a staged approach to explore barriers and enablers and to identify practical strategies to improve sustainability and scale-up of four NCD interventions:

- Community-based obesity prevention,
- Front-of-pack labelling,
- Local learning networks (LLNs), and
- NCD surveillance.

We extracted evidence from peer-reviewed literature and local documents.

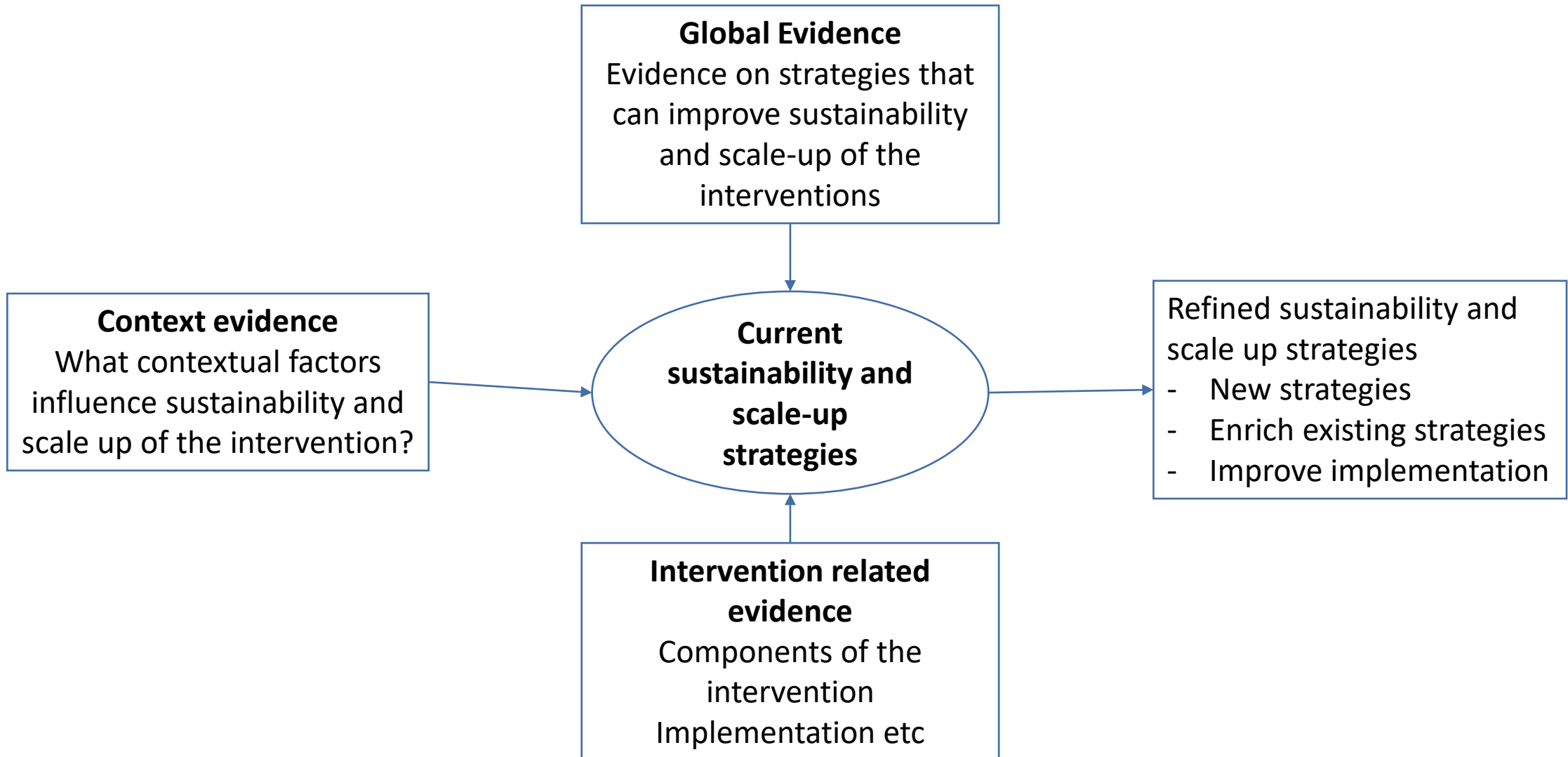
We also conducted in-depth interviews with the implementation teams and key stakeholders.

We conducted a thematic synthesis of the resulting information to identify practical strategies that improve sustainability and scale-up of the four interventions.

Data sources

Click [here](#)

Overall approach



Existing scale-up strategies

Click [here](#)

Key enablers and barriers

Click [here](#)

Practical scale-up strategies

Click [here](#)

Reference list

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